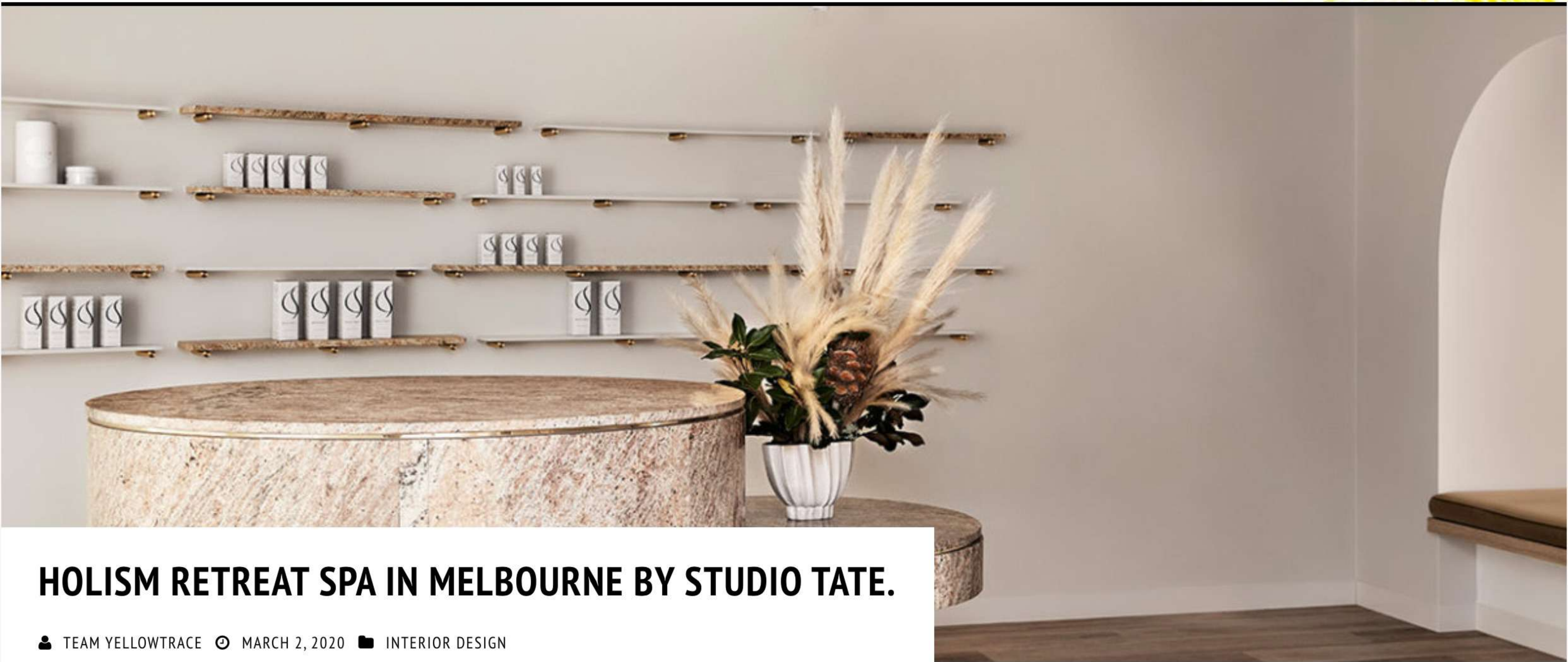


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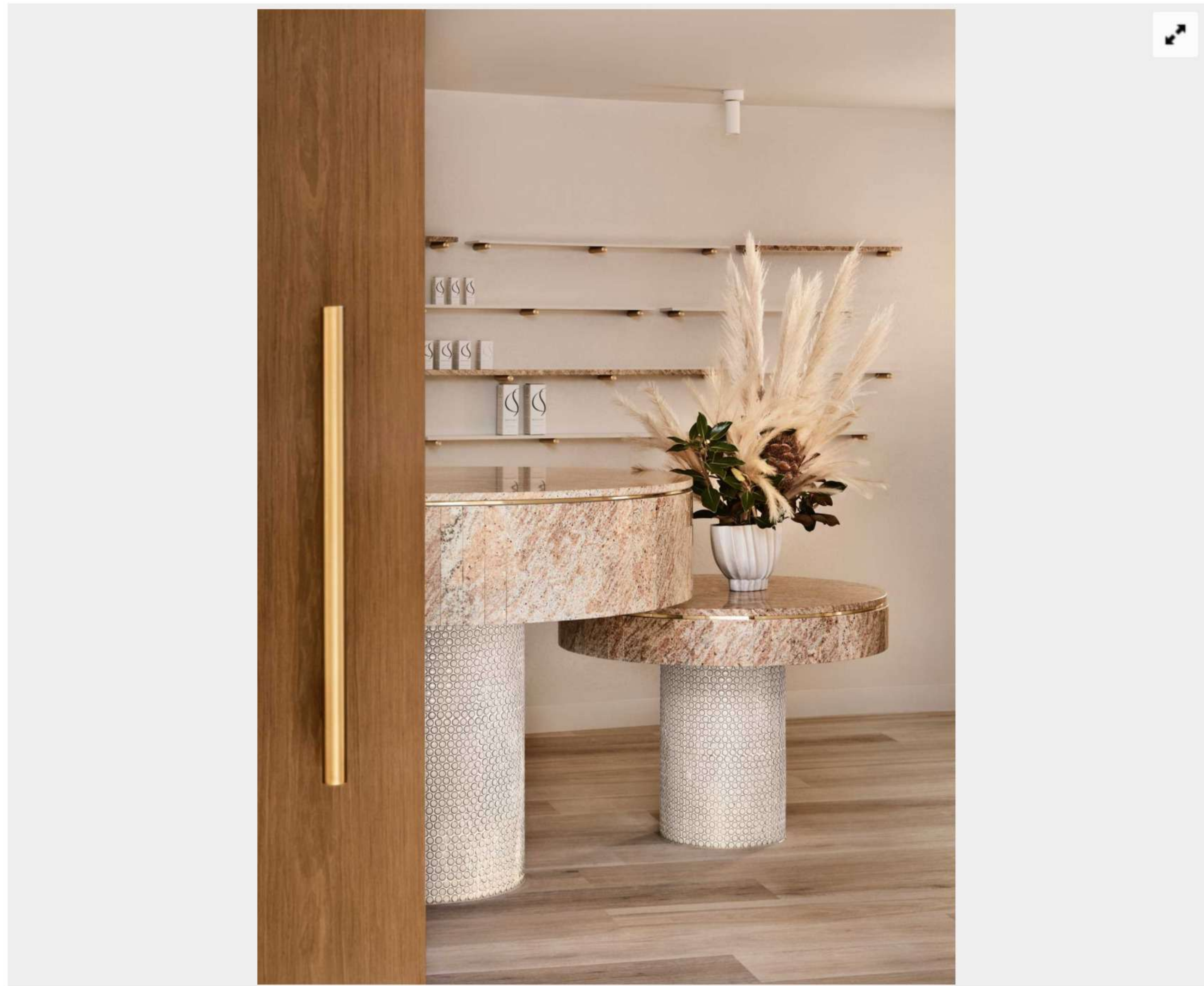
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HOLISM RETREAT SPA IN MELBOURNE BY STUDIO TATE.

TEAM YELLOWTRACE MARCH 2, 2020 INTERIOR DESIGN



Studio Tate have completed **Holism Retreat**, a destination spa at the newly opened 5star MGallery by Sofitel Hotel Chadstone in Melbourne, with a design approach that embodies the transformative process of the **wellness** experience.

Working closely with construction specialist **Cobild**, the practice reimagined the existing base build as an urban sanctuary, at home amongst its luxury fashion neighbours. Colour, texture and form merge to create Holism's unique visual identity: a layered canvas of muted, desert hues enlivened with arched thresholds and mirrors, sculptural pink granite, curved walls and soft, recessed lighting.

A sculptural reception desk featuring faceted pink granite, brass inlay and mosaic greets guests on arrival. Brass accents throughout encourage a seamless experience of nine treatment rooms, an LED light therapy treatment lounge, yoga studio, private consultation suite and guest amenities.

Mindful of each client's unique needs bespoke shelving, in-room seating and matte brass hooks offer a choice for storage. Equipment is artfully concealed behind large v groove sliding doors that reveal clay coloured joinery.

Bookending the spa, the yoga studio and LED light therapy treatment lounge feature ceilings painted terracotta and blush, restorative accent colours that highlight maps of exposed pipe.

Inspired to create a visual narrative of rough texture polished to smooth facet, Holism Retreat is an intelligent realisation of holistic refinement.

[See more projects from Studio Tate on Yellowtrace here.](#)

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